

KIDS MEALS UNDER 12YRS WITH EXCEPTIONS

SPAGHETTI BOLOGNAISE	6.50
CHICKEN TENDERS	6.50
CHICKEN NUGGETS	6.50
CHEESE BURGER	6.50
KIDS FISH	6.50
KIDS CALAMARI	6.50

KIDS MEAL DEAL *meal, drink & icecream* 9.50

VEGETARIAN ADVISE STAFF OF DIETARY & VEGAN REQUIREMENTS

BRUSCHETTA	9.50
EGGPLANT LASAGNE <i>roasted eggplant slices stacked w/ napolitana sauce served w/ chips & salad</i>	18.90
VEGGIE PASTA <i>w/ napolitana sauce, pumpkin, capsicum, onion, semi-dried tomatoes, olives, eggplant, zucchini, mushroom & feta</i>	18.90
VEGGIE BURGER <i>freshly cooked eggplant, zucchini & mushrooms w/ lettuce, semi-dried tomatoes, crumbled feta & sweet chilli sauce</i>	14.00
VEGGIE PIZZA 9" <i>eggplant, zucchini, mushrooms, semi-dried tomatoes, onion, olives, capsicum, pineapple & crumbled feta</i>	12.90
GARDEN SALAD	9.90
GREEK SALAD	12.90
CAESAR SALAD <i>no bacon</i>	14.00

GLUTEN FREE SERVED WITH A CHOICE OF SALAD ONLY OR POTATO & VEGGIES GLUTEN FREE GRAVY AVAILABLE

GARDEN SALAD <i>w/ chicken</i>	13.90
GREEK SALAD <i>w/ chicken</i>	16.90
SQUID SALAD	17.90
PAN-FRIED FISH	18.00
SALT & PEPPER SQUID	18.90
CHICKEN SCALOPPINE	22.90
VEAL SCALOPPINE	25.90
CHICKEN <i>w/ prawns</i>	24.90
PAN-FRIED CHICKEN PRINCESS CHICKEN SORRENTO	22.90
BYRON BAY CHICKEN	24.90
BYRON BAY SCOTCH	29.90
SURF & TURF	29.90
FIRE & EARTH	29.90
PORK BELLY <i>w/ spiced apple sauce</i>	19.90
CHICKEN BREAST	18.90
SCOTCH FILLET	27.00
RUMP	26.00
T-BONE	27.00

Keah's Kitchen \$13 WEEKLY Specials

Mon CHICKEN PARMA & SCHOONER

Tue RUMP STEAK

Wed CHICKEN OR VEAL SCHNITZEL

Thu T-BONE STEAK

Fri LUNCH MENU & KIDS EAT FREE

Sat LUNCH MENU

Sun 50C WINGS

*CONDITIONS APPLY. ALL SPECIALS ARE SERVED WITH CHIPS & SALAD / ADDITIONAL COST OF \$4 FOR POTATOES & VEGGIES



Keah's Kitchen
GERRINGONG BOWLO



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FOLLOW US
@KEAHS KITCHEN
@GERRINGONGBOWLINGCLUB

OPEN 7 DAYS FOR LUNCH & DINNER
11.30AM - 2.30PM / 5.30PM - 8.30PM
GERRINGONGBOWLO.COM.AU

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BREADS

GARLIC BREAD	4.50
CHEESE BREAD	5.50
CHILLI CHEESE BREAD	6.50
AVOCADO CHEESE BREAD	7.50
BRUSCHETTA	9.50
COB LOAF W/ TRIO OF DIPS	11.90

ENTRÉES

SALT & PEPPER SQUID w/ aioli sauce	14.90
CHICKEN TENDERS w/ honey mustard sauce	14.90
ONION RINGS w/ aioli sauce	14.90
TEMPURA PRAWNS w/ sweet chilli sauce	14.90
MIXED PLATTER 3 pieces of calamari, chicken wings, tempura prawns & chicken tenders w/ dipping sauces	18.90
WEDGES w/ sour cream & sweet chilli sauce	9.00
CHIPS w/ gravy or sauce	6.00
CHILLI CHEESE FRIES chips topped w/ chilli con carne, american cheese ranch dressing & sour cream	14.90
HOT WINGS choose from smokey BBQ sauce, BBQ seasoning or hot, mild or scorching chilli sauce served w/ ranch dressing	14.90

BURGERS ALL BURGERS SERVED W/ CHIPS

ANGUS BURGER beef pattie w/ bacon, onion, cheese, lettuce, tomato & BBQ sauce	12.50
CAESAR BURGER crumbed chicken tenders w/ bacon, cos lettuce, parmesan & caesar dressing	12.50
RANCH BURGER lettuce, tomato, bacon, parmesan, crumbed chicken & ranch dressing	12.50
STEAK SANDWICH steak, onion, lettuce, tomato, beetroot & BBQ sauce	12.50
SINGLE OR DOUBLE CHEESEBURGER angus beef, american cheese, gherkin, bacon, tomato & mustard sauce	12.50 / 15.50
CHICKEN DELUXE BURGER grilled chicken w/ lettuce tomato, bacon, avocado & aioli on a brioche burger bun	14.50
PORK BURGER crumbed pork w/ lettuce, tomato, bacon, american cheese, smokey BBQ sauce & ranch dressing on a brioche burger bun	14.50

SALADS

GARDEN SALAD lettuce, tomato, onion, cucumber, capsicum & carrot	9.90
GREEK SALAD lettuce, tomato, onion, cucumber, capsicum, olives & crumbled feta	12.90
CAESAR SALAD cos lettuce, bacon, croutons, parmesan & caesar dressing	14.00
SQUID SALAD garden salad w/ chilli & lime dressing topped w/ salt & pepper squid	17.90
RANCH SALAD garden salad w/ ranch dressing topped w/ crumbed chicken	18.90
THAI CHILLI CHICKEN SALAD garden salad w/ grilled chicken, thai sweet chilli & crunchy noodles	18.90

TO ADD CHICKEN 4 / PRAWNS OR SQUID 5 / AVOCADO 3

PASTA

BOSCAIOLA fettuccine w/ chicken & boscaiola	19.90
BOLOGNAISE fettuccine w/ bolognese sauce	18.90
PUMPKIN, BACON & FETA fettuccine w/ roasted pumpkin, crispy bacon in a creamy sauce & topped w/ feta	18.90
CHILLI PRAWN & GARLIC prawns cooked w/ fresh chilli & garlic tossed through fettuccine	20.90

9" PIZZA

GARLIC CHEESE	9.90
HAWAIIAN	10.90
SUPREME	12.90
MEAT LOVERS	12.90
BBQ CHICKEN	12.90

FROM THE GRILL

SERVED W/ POTATOES & VEGGIES OR CHIPS & SALAD
CHOICE OF GRAVY, DIANE OR PEPPER SAUCE

CHICKEN BREAST	18.90
RUMP	26.00
SCOTCH FILLET	27.00
T-BONE	27.00
PORK BELLY w/ spiced apple sauce	19.90
PORK RIBS FULL RACK/HALF RACK	29.90 / 19.90

SAUCES

MUSHROOM 3 / CREAMY GARLIC 3 / BYRON BAY
SAUCE 3 w/ prawns 5 / FIRE & EARTH 3 w/ prawns 5
BOSCAIOLA 4 / SURF & TURF 6

MAINS

SERVED W/ POTATOES & VEGGIES OR CHIPS & SALAD
CHOICE OF GRAVY, DIANE OR PEPPER SAUCE

BANGERS & MASH w/ vegetables & onion gravy	14.90
CHICKEN SCHNITZEL freshly crumbed chicken breast	18.00
VEAL SCHNITZEL freshly crumbed veal	19.00
CHICKEN PARMIGIANA freshly crumbed chicken topped w/ napolitana sauce, cheese & herbs	18.90
VEAL PARMIGIANA freshly crumbed veal topped w/ napolitana sauce, cheese & herbs	19.90
HAWAIIAN CHICKEN chicken schnitzel topped w/ napolitana sauce, bacon, pineapple & cheese	19.90
FISH OF THE DAY crumbed, battered or pan-fried	18.00
CRUMBED CALAMARI freshly crumbed calamari rings	18.00
SEAFOOD BASKET selection of fish, prawns & calamari	19.90

FROM THE PAN SERVED W/ POTATOES & VEGGIES OR CHIPS & SALAD

CHICKEN PRINCESS CRUMBED OR PAN FRIED chicken breast topped w/ bacon, avocado, cheese & creamy garlic sauce	22.90
CHICKEN SORRENTO CRUMBED OR PAN FRIED chicken breast cooked w/ creamy garlic sauce, pumpkin, bacon & mushrooms topped w/ sweet potato crisps	22.90
CHICKEN SCALOPPINE chicken pieces cooked in creamy white wine sauce w/ mushrooms	22.90
VEAL SCALOPPINE veal pieces cooked in creamy white wine sauce w/ mushrooms	25.90
CHICKEN W/ PRAWNS CRUMBED OR PAN FRIED pan-fried chicken breast topped w/ prawns cooked in a creamy garlic sauce	24.90
RIBS & WINGS pork ribs coated in smokey BBQ sauce topped w/ BBQ wings	25.90
BYRON BAY CHILLI CHICKEN CRUMBED OR PAN FRIED grilled chicken breast & prawns cooked in a creamy Byron Bay chilli sauce	24.90
BYRON BAY CHILLI SCOTCH scotch fillet topped w/ prawns & creamy Byron Bay chilli sauce	29.90
SURF & TURF scotch fillet topped w/ prawns & squid cooked in creamy garlic sauce	29.90
FIRE & EARTH scotch fillet topped w/ prawns, cooked in creamy chilli sauce	29.90